

Project Completion Report

Project Title: 30-Day School-Based Feeding Program for Malnourished Children

Beneficiaries: 22 malnourished children aged 2-9 years old

Implementing Organization: Quirino PPO Ladies Club (QPPO OLC)

Location: Tres Reyes Elementary School, Quirino Province

Project Cost: Php 121,112.59 / \$2,640

Project Summary:

The 30-day school-based feeding program was a targeted intervention designed to address the issue of malnutrition among children in Tres Reyes Elementary School. The program aimed to not only restore the children to their ideal body weight but also to establish sustainable practices that would promote long-term health and well-being. This was accomplished through a multi-faceted approach that included the provision of nutritious meals, hygiene education, nutrition awareness workshops, and livelihood training for mothers.



Key Accomplishments: Successful Weight Restoration

A comprehensive assessment at the end of the 30-day period revealed that all 22 children had successfully achieved their ideal body weight. This remarkable achievement demonstrates the effectiveness of the structured meal plan and the consistent provision of nutritious meals tailored to the children's specific needs.



The final weigh-in results.
All 22 children were assessed as "normal" as far as nutrition status after the 30-day feeding program.

FINAL STATUS REPORT OF OPPO LACROS CLUB FEEDING PROGRAM BENEFICIARIES
THE RIVER BANKS SIPPY SCHOOL
SCHOOL YEAR 2021-2022

Date of Weighing	Name	Age	Sex	Nutritional Level		Weight (kg)	Height (cm)	BMI	Status	Remarks
				Weight	Height					
07/10/2021	1. JORDAN ARON	10	M	11.8	137	10.1	171	17.1	Normal	Weighted
07/10/2021	2. JACOB CRISTINA BARRERA	10	F	11.2	127	6.5	152	16.8	Normal	Weighted
07/10/2021	3. DELACRUZ CHRISTOPHER	10	M	11.2	127	6.5	152	16.8	Normal	Weighted
07/10/2021	4. DELACRUZ KATE EMILY	10	F	11.2	127	6.5	152	16.8	Normal	Weighted
07/10/2021	5. DELACRUZ KYLE	10	M	11.2	127	6.5	152	16.8	Normal	Weighted
07/10/2021	6. DELACRUZ LUCAS	10	M	11.2	127	6.5	152	16.8	Normal	Weighted
07/10/2021	7. DELACRUZ MARCO	10	M	11.2	127	6.5	152	16.8	Normal	Weighted
07/10/2021	8. DELACRUZ MARCO	10	M	11.2	127	6.5	152	16.8	Normal	Weighted
07/10/2021	9. DELACRUZ MARCO	10	M	11.2	127	6.5	152	16.8	Normal	Weighted
07/10/2021	10. DELACRUZ MARCO	10	M	11.2	127	6.5	152	16.8	Normal	Weighted
07/10/2021	11. DELACRUZ MARCO	10	M	11.2	127	6.5	152	16.8	Normal	Weighted
07/10/2021	12. DELACRUZ MARCO	10	M	11.2	127	6.5	152	16.8	Normal	Weighted
07/10/2021	13. DELACRUZ MARCO	10	M	11.2	127	6.5	152	16.8	Normal	Weighted
07/10/2021	14. DELACRUZ MARCO	10	M	11.2	127	6.5	152	16.8	Normal	Weighted
07/10/2021	15. DELACRUZ MARCO	10	M	11.2	127	6.5	152	16.8	Normal	Weighted
07/10/2021	16. DELACRUZ MARCO	10	M	11.2	127	6.5	152	16.8	Normal	Weighted
07/10/2021	17. DELACRUZ MARCO	10	M	11.2	127	6.5	152	16.8	Normal	Weighted
07/10/2021	18. DELACRUZ MARCO	10	M	11.2	127	6.5	152	16.8	Normal	Weighted
07/10/2021	19. DELACRUZ MARCO	10	M	11.2	127	6.5	152	16.8	Normal	Weighted
07/10/2021	20. DELACRUZ MARCO	10	M	11.2	127	6.5	152	16.8	Normal	Weighted
07/10/2021	21. DELACRUZ MARCO	10	M	11.2	127	6.5	152	16.8	Normal	Weighted
07/10/2021	22. DELACRUZ MARCO	10	M	11.2	127	6.5	152	16.8	Normal	Weighted

Improved Hygiene Practices

The program emphasized the importance of hygiene in maintaining good health. Through educational sessions and practical demonstrations, children were taught proper handwashing techniques and the significance of regular toothbrushing. The successful adoption of these practices by the children significantly reduces their risk of contracting preventable diseases and contributes to their overall well-being.



Enhanced Nutrition Awareness

The program extended beyond fixing immediate nutritional gaps by educating children and families on healthy eating habits through workshops and interactive sessions. Information on balanced diets and food groups was shared to enable informed food choices for long-term health benefits.



Empowered Mothers

The program provided livelihood training for mothers, teaching skills like product making and gardening. This empowered mothers to generate income, addressing malnutrition and promoting long-term healthy lifestyles for families.



Engaged Community

The project's success was boosted by the involvement of the local community, with the Quirino PPO Ladies Club leading and local partners providing resources. The Department of Education's desire to replicate the program highlights its value and potential impact.



Challenges and Solutions:

Limited Project Duration: While the 30-day timeframe yielded significant results, the program acknowledged the challenge of establishing lasting behavioral changes within this period. The inclusion of livelihood training for mothers served as a strategic solution, as it empowers them to continue providing nutritious meals for their children and sustains the positive health outcomes achieved during the program.

Resource Constraints: The project relied heavily on the dedication of volunteers and the generosity of donors. To address this, the program actively sought partnerships with local organizations and businesses to secure additional resources and ensure the program's continuity. The resourcefulness and collaborative spirit of the project team enabled them to overcome financial limitations and deliver a successful intervention.

Overall Impact:

The 30-day school-based feeding program had a significant positive impact on 22 malnourished children, restoring their ideal body weight, improving hygiene practices, raising nutrition awareness, and empowering mothers. The success of the project has attracted attention from the Department of Education, potentially leading to replication and expansion to help more children in need.



Future Recommendations:

- **Expand Program Reach:** To increase program impact, expand to schools and communities with child malnutrition through partnerships with local governments, educational institutions, and community organizations.
- **Extend Program Duration:** While the 30-day program achieved significant results, extending the duration to 60 or 90 days could further solidify the positive health outcomes and allow for more comprehensive monitoring and evaluation of the children's progress.

Future Recommendations:

- **Diversify Funding Sources:** To ensure the long-term sustainability of the program, it is crucial to explore diverse funding sources. This could include seeking grants from government agencies, foundations, or corporations, as well as organizing fundraising events or establishing social enterprises that generate revenue to support the program.
- **Foster Sustainability:** To ensure the long-term well-being of the children and their families, it is important to continue empowering mothers through livelihood training and support. This could include providing ongoing mentorship, access to resources, and opportunities for networking and collaboration with other mothers. By fostering a supportive environment, the program can create a lasting impact on the health and resilience of the community.

**Thank you, Pure
Bayanihan!**